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Under pressure to prepare a quick, nutritious dinner? Under pressure to reduce your fat and cholesterol? When the pressure's on for a great vegetarian meal on the run, turn to Lorna Sass's second guide to the safe and delicious use of the pressure cooker.

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Lorna Sass

Lorna Sass Short-Cut Vegetarian Vegan When this collection of quick and tasty vegan recipes was published in 1997, vegan wasn't a mainstream word, so we used the word vegetarian instead. I'm so happy that the title now says just what the book is: Short-Cut Vegan .

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Lorna Sass Recipes

A Sampling of Lorna's Recipes Here are some recipes from my books and from recipe development projects I've done for Bob's Red Mill and Nature's Path . Check back from time to time for additional recipes.

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